





Dear Friends and Colleagues!

Dear Taekwondo Family!

Herewith Russian Taekwondo Union has the pleasure to invite you to the International competitions RTU President's Cup to be held in Cherkessk city, Russian Federation on August 25-28, 2022.

The event is a good traditional event of Russian Taekwondo Union and is the one of the biggest sport events in Russian taekwondo calendar year. The usual number of participants is more than 1500 athletes. This year it will be open for all taekwondo practitioners from all over the world. It is the unique opportunity to fight with the strongest athletes from different areas of Russia.

Looking forward to see you soon in Cherkessk!

Best regards,

A handwritten signature in blue ink, appearing to read 'Anatoly Terekhov'. The signature is fluid and cursive.

*Anatoly Terekhov
World taekwondo council member
European taekwondo union Vice-president
Russian Taekwondo Union President*

OUTLINE

International Taekwondo Tournament «RTU President's Cup», August 25-28, 2022, Cherkessk, Russian Federation

<u>Outline</u>	
1. Promoter	Russian Taekwondo Union RTU President: Anatoly Terekhov 119270 Moscow, Luzhnetskaya nab. 8
Organizing Committee:	Taekwondo Federation of Republic of Karachayevo Cherkessia President Makhov Beslan email: rtupresidentscup@mail.ru
2. Competition Venue:	Russia, Cherkessk city, Sport Palace "Ubileyniy"
3. Competition Dates:	August 25-28, 2022
4. Qualifications:	* Must be a holder of nationality of the Participating country * Member of WT * Dan/poom certificate is obligatory.
5. Age:	Seniors – born in 2004 and elder Juniors – born in 2005-2007
6. Competition Rules:	The WT Competition rules
7. Time mode:	Seniors - 3 rounds x 2 minutes (1 min. break) Juniors - 3 rounds x 2 minutes (1 min. break)
8. Weight Categories:	Senior male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg Senior female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg Junior male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, + 78 kg Junior female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68kg Para taekwondo sport classes: K41, K44 Male: -58kg, -63kg, - 70kg, -80kg, +80kg Female: -47kg, -52kg, -57kg, -65kg, +65kg
9. Team entries per team:	Not limited
10. Protective Equipment & Uniform:	The participants shall wear the WT recognized taekwondo Uniform. Daedo PSS will be used at this Tournament. Daedo Electronic Body Protectors and

	<p>electronic head gears will be provided by the Organizing Committee.</p> <p>Groin/forearm/shin guards and gloves are compulsory and must be brought by the contestants.</p> <p><u>Mouth piece is compulsory!</u> All athletes must bring their own Daedo sensor socks.</p>
11. Medical Control:	Use of drugs or doping by any chemical substances prescribed in the WT Regulations or Doping Control is strongly prohibited.
12. Applications:	<p>DEADLINE FOR APPLICATIONS is <u>15.08. 2022 (11.59 p.m. Moscow time)</u> Entries after the deadline will only be accepted Please, send all the information to the email: rtupresidentscup@mail.ru</p>
13. Entry Fee:	The Entry Fee for each participant is 2500 rubles RF per Athlete and must be paid at the registration in cash.
14. Indemnities:	<p>It is the responsibility of each participant to make sure that all forms attached to the Outline for additional information are properly filled in. The forms are to be signed correctly by participants and the official representatives of the National Association or Club indemnifying the organizers, other contestants and officials from any claims of injuries, losses, damages or violence arising during the championships or any activities linked therewith. <u>Each MNA or Club must ensure that they have a sufficient insurance coverage for each contestant and official member.</u> Participants without proper participation forms and without sufficient insurance coverage will not be allowed to compete. Please, send the Indemnity forms to the e-mail: rtupresidentscup@mail.ru</p>
15. Accreditations:	<p>15. Accreditation Centre will be open Sport Hall from <u>10.00– 20.00, 25 August 2022</u> Official representatives (1 or 2 persons per team only) must present for checking each participant's and official's passports (or the Certificate of Birth for minors) and pay in the Entry Fees for the whole team.</p>

	<p><u>Accreditations may only be given out if the team paid the Entry Fee in full amount.</u></p> <p>The participation in the 2022 RTU President's Cup Tournament will only be possible with the Accreditation card.</p>
16. Weigh-in:	<p>The weigh-in of the contestants takes place on the previous day of the weight division that they compete. During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere. The weigh-in will be conducted in Sport Arena.</p>
17. Competition Timetable:	<p>25 August Teams' Arrival & Trainings 12:00-19:00 On-site Registration (Sport Arena)[□] 17:00-19:00 Weigh-in (Sport Arena) 18:00 – Referee training (Sport Arena)[□] 20:00 – Head of team meeting and Drawings (Sport Arena)[□] 10:00-20:00 – Trainings for the teams (Sport Arena)</p> <p>26 August <u>1st Day of Competitions</u> 08:00 – Morning weigh-in (random draw) 09:00 – Competition starts Seniors, Para 10:00-12:00 – weigh-in for juniors 13:00-14:00 – lunch 14:00-Competition starts 18:00 – Awarding ceremony</p> <p>27 August <u>2th Day of Competitions</u> 08:00 – Morning weigh-in 09:00 – Competition starts juniors 13:00-14:00 – Lunch 14:00 – Competition starts 18:00 – Awarding ceremony</p> <p>28 August Teams' Departure</p>
18. Awarding:	<p>1st place, 2nd place and two 3rd places winners will be awarded with Medals</p>
19. First Aid:	<p>First aid will be provided at the Competition Hall by OC and will be used in case of emergency.</p>

20. Accommodation:	<p>Accommodation charges for room and board for teams will be borne by the participants themselves. The filled in forms for accommodation at the official hotels have to be sent to the OC contact person: KAZBEK GURMIKOV tel. +79631703007</p> <ol style="list-style-type: none"> 1. Evropa Hotel, 45 Kosmonavtov str., 369015 Cherkessk, Russia Price: 1000Rubles per person per night in twin room (breakfast included). Registration fee is 500 Rubles per person to pay only one time. 2. Hotel-Restaurant Edelweis, Prospekt Lenina, 328a, 369000 Cherkessk, Russia Price: 1200-2000 Rubles per person per night in twin room (breakfast is not included). Registration fee is included per person to pay only one time. 3. Hotel Cherkessk, 147 Lenina str., Cherkessk, Russia Price: 750-1000 Rubles per person per night in twin room (breakfast is not included). Registration fee is 500 Rubles per person to pay only one time.
21. Transportation:	<p>Round trip airfare will be borne by the participants. OC will be able to provide transfer for the teams from the Airport to the official hotel and the other way back on the days of arrival and departure to Cherkessk city in case if the transportation request form was sent to OC before the deadline.</p>
22. Training Halls:	<p>Free training halls will be provided by the OC for all the teams who should live at the official hotel.</p>
23. Visa Support:	<p>To receive a visa invitation letter will be available for the registered participants by your application to the OC. Please, fill in the attached forms.</p>
IMPORTANT!	<p>Since April 05, 2021, an addendum to the entry and exit procedure for foreign and Russian citizens has been in effect in the Russian Federation. To obtain the entry, you must submit the data for obtaining a permit to the Ministries and the Ministry of Foreign Affairs of the Russian Federation. The forms must be filled out and sent by e-mail: tkd.rtu@gmail.com no later than 10 working days before the day of entry into the territory of the Russian Federation. In case of a change in the date of entry or flight, airport, it is necessary to send tables with changes, highlighting them</p>

in red.

The period of stay with possible visa support in the Russian Federation is from 20 to 30 August 2022.

Contacts for visa support:

Tel. +7 9153697516

E-mail: tkd.rtu@gmail.com