

Welcome to Russian Open 2022!

11th International Taekwondo Tournament «Russian Open»,
November 28 - December 02, 2022, Moscow region, Russian Federation

<u>Outline</u>	
1. Organizing Committee:	Russian Taekwondo Union 119270 Moscow, Luzhnetskaya nab. 8
	Moscow Taekwondo Federation Taekwondo Federation of Moscow region
2. Competition Venue:	Russia, Moscow region, 20 Mezhdunarodnaya St., Krasnogorsk, Crocus Expo, 143402, Russia
3. Competition Dates:	November 28, 2022 - December 02, 2022
4. Qualifications:	<ul style="list-style-type: none"> * Must be a holder of nationality of the Participating country * Association Member of WT * Dan/poom certificate for seniors and juniors under 21 is obligatory, * GYP 2 or above for cadets is obligatory <p style="color: red;">There won't be awarded any WT Ranking Points to the athletes.</p>
5. Age:	Seniors – 17 years and elder (2005 and elder) Juniors under 21 year old (2002-2006 years old) Cadets – 12-14 years old (2008-2010 years old)
6. Competition Rules:	The WT Competition rules
7. Time mode:	Seniors - 3 rounds x 2 minutes (1 min. break) Juniors - 3 rounds x 2 minutes (1 min. break) Cadets - 3 rounds x 1,5 minutes (1 min. break)
8. Weight Categories:	Senior male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg Senior female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg Juniors (U-21) male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg



	<p>Junios (U-21) female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg</p> <p>Cadets male – 33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, 65+kg</p> <p>Cadets female – -29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -55kg, - 59kg, 59+kg</p>
9. Team entries per team:	Not limited. The athletes born between 2002 – 2005 can compete in two age categories: juniors U-21 and Seniors.
10. Protective Equipment & Uniform:	<p>The participants shall wear the WT recognized taekwondo Uniform. KPNP PSS will be used at this Tournament. KPNP Electronic Body Protectors and electronic head gears will be provided by the Organizing Committee. Groin/forearm/shin guards and gloves are compulsory and must be brought by the contestants.</p> <p><u>Mouth piece is compulsory!</u> Only white or transparent. All athletes must bring their own KPNP sensor socks.</p>
11. Medical Control:	<p>Use of drugs or doping by any chemical substances prescribed in the WT Regulations or Doping Control is strongly prohibited.</p> <p>The Doping Control Company at random sampling will carry out the medical doping tests.</p>
12. Applications:	<p>It is the responsibility of each organization or club to make sure that the forms are properly filled in as well as the forms attached to the Outline for additional information. The application forms should be signed by the head of club or sport school and approved by the appropriate regional taekwondo organization.</p> <p>Attachments 1-4.</p> <p>DEADLINE FOR APPLICATIONS is <u>22.11. 2022 (11.59 p.m. Moscow time)</u></p> <p>Entries after the deadline will not be accepted. The registration form should be send to the email: russianopentkd@yandex.ru</p>
13. Entry Fee:	The Entry Fee for each participant is 2500 rubles RF per



	<p>Athlete and must be paid by bank transfer to the bank account of the organization. Attachment 5.</p> <p>ATTENTION: ALL THE PRIZE WINNERS OF 2020 TOKYO OLYMPIC GAMES ARE FREE FROM ENTRY FEES AT RUSSIAN OPEN 2022!</p> <p>Athletes competing in two age categories pay the entry fee only once.</p> <p>IMPORTANT: If the athlete registered does not take part in the competition for some reason, but <u>he/she has not been removed from the list of participants before the end of registration which is (November 22, 2022)</u>, his/her team official must <u>fully (100%)</u> pay his Entry fee for participation.</p> <p><u>Entry fee is not refundable back to the participant!</u></p>
14. Indemnities:	<p>The Attachment 1 and 2 are to be signed correctly by participants and for under aged athletes the official representatives (parents parents/legal guardian), indemnifying the organizers, other contestants and officials from any claims of injuries, losses, damages or violence arising during the championships or any activities linked therewith. <u>Each organization/club must ensure that they have a sufficient insurance coverage for each contestant and official member.</u> Participants without proper participation forms and without sufficient insurance coverage will not be allowed to compete. Please, send the Indemnity forms to the e-mail: russianopentkd@yandex.ru</p>
15. Accreditations:	<p>Accreditation Centre will be open Sport Hall Crocus City from 12.00– 19.00, November 28, 2022</p> <p>Official representatives (1 or 2 persons per team only) must present for checking each participant's and official's passports (or the Certificate of Birth for minors), medical insurance, the proof of Entry Fees payment for the whole team, sign the Personal data consent form processing. Attachment 6.</p> <p><u>Accreditations may only be given out if the team paid the Entry Fee in full amount.</u></p>



	The participation in the “Russian Open” 2022 Tournament will only be possible with the Accreditation card.
16. Weigh-in:	The weigh-in of the contestants takes place on the previous day of the weight division that they compete. During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere. However, the contestant may weigh-in nude if he/she wishes to do so. Cadets and juniors cannot be nude during the weigh-in, 100 gr overweight is permitted.
17. Competition Timetable:	<p>28 November Teams’ Arrival & Trainings 09:00 – Referee training 12:00-19:00 On-site Registration <input type="checkbox"/> 17:00-19:00 Weigh-in for seniors 19:30 – Head of team meeting 20:00 – Drawings for the 1st day</p> <p>29 November <u>1st Day of Competitions</u></p> <p>08:00 – Random weigh-in 09:00 – Competition starts Senior male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg Senior female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg</p> <p>10:00-12:00 – weigh-in for Junios (U-21) Junios male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg Junios female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg</p> <p>13:00 – lunch 13:00 - Drawings for the 2nd day 18:30 – Finals 19:00 – Awarding ceremony</p> <p>30 November <u>2th Day of Competitions</u> 08:00 – Random weigh-in</p>



	<p>09:00 – Competition starts 10:00-12:00 – weigh-in for Cadets Cadets male – 33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, 65+kg Cadets female – -29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -55kg, -59kg, 59+kg Poomsae 13:00 – Lunch 18:30 – Finals 19:00 – Awarding ceremony</p> <p>01 December <u>3rd Day of Competitions</u> 08:00 – Random weigh-in 09:00 – Competition starts Cadets male – 33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, 65+kg Cadets female – -29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -55kg, -59kg, 59+kg 13:00 – Lunch 18:30 – Finals 19:00 – Awarding ceremony</p> <p>02 December Teams' Departure</p>
18. Awarding:	1 st place, 2 nd place and two 3 rd places winners will be awarded with Medals and Diplomas. All 1 st place winners will receive the memorable prices.
19. Referees:	<p>International Referees are invited to “Russian Open” 2022 on the following conditions:</p> <ul style="list-style-type: none"> •Organizing Committee will cover full board accommodation at Crocus City hotel for the International Referees in the period of November 28-December 02, 2022 <p>November 28 – check-in for referees (02:00pm) December 02 – check-out for referees (12:00am)</p> <p>Referee application forms can be sent to: ho_k@mail.ru</p>
20. First Aid:	First aid will be provided at the Competition Hall by OC and will be used in case of emergency.
21. Accommodation:	Accommodation charges for room and board for teams will be borne by the participants.



22. Transportation:	Round trip airfare will be borne by the participating National Taekwondo Teams. OC will be able to provide transfer for teams from the Airport to the hotel and the other way back on the days of arrival and departure to Moscow (for the additional price) in case if the transportation request form was sent to OC.
23. Training Halls:	Free training halls will be provided by the OC for all the teams in the sport hall.
24. Visa Support:	To receive a visa invitation letter will be available for the registered participants by the email: viza-russia@mail.ru
IMPORTANT!	Everyone is requested to inform the OC about the city of visa issuance. The maximum period of stay with possible visa support in the Russian Federation is from 20 November to 05 December 2022. Contacts for visa support: WhatsApp: +7 9153697516



Attachment 1.**PERSONAL INDEMNIFICATION FORM**

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE

executed this on: _____ (insert date of signing).

I,
undersigned, certify that I will indemnify, hold harmless and release the Russian Taekwondo Union and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnatee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating at the Russian Open on November 28 – December 02, 2022 in the broadest sense of the word. By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name:

Date:

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name:

Relation towards the minor:

Date:

Signature:



Attachment 2.

LIABILITY DECLARATION

(only for under aged athletes)

My name: _____

I live in: _____

I am the parent/guardian of: _____

Date of birth (competitor): / /

I declare that I accept the participation of at the 2022 Russian Open on November 28 -December 02, 2022 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. Russian Taekwondo Union, and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents, medical insurance in Moscow, Russia and medical allowance to participate in the competitions.

Place:

Date:

Signature of the parents/legal guardian:



Attachment 3. (separate file)

Attachment 4. (separate file)



Attachment 5.

BANK DETAILS

Intermediary bank	PJSC VTB BANK, MOSCOW
The beneficiary's Bank	VTB Bank (public joint-stock company) (TSENTRALNYI BRANCH, MOSCOW)
BIC	044525411
Organization name	Russian Taekwondo Union
Address of the organization	Russian Federation, 119992, Moscow Luzhnetskaya nab. 8
Bank account to pay in Ruble	40703810422100000004
Payment for the Entry Fee to participate in Russian Open 2022 (<i>Surname and Name of Athlete</i>)	

