

THE 7th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2024 [OUTLINE] 방콕, 태국



MANY HEARTS, ONE FIGHT
WELCOME TO BANGKOK, THAILAND
THE LAND OF SMILE

Invitation to The 7th Heroes Taekwondo International Championship 2024

Respectfully Sir/Madam,

We are delighted to invite you to participate in "The 7th Heroes Taekwondo International Championship 2024," scheduled for August 10th -12th 2024, in the vibrant city of Bangkok, Thailand. The event aims to foster unity and harmony among Taekwondo enthusiasts worldwide.

We aim to bring together athletes from over 20 countries, providing a unique opportunity for Taekwondo practitioners of all ages and backgrounds to converge, promoting friendship, and enhancing the quality of life and health. The Organizing Committee is dedicated to delivering exceptional competition and exciting cultural experiences. This championship is open to participants across various weight categories, from under 4 years old to the Master's event for those above 60. The four main event types include Kyorugi, Poomsae, Poomsae – freestyle, and Taekwondo Dance.

We have already extended invitations to clubs, associations, and universities globally, and several countries, including the Philippines, China, Indonesia, Malaysia, and others, have confirmed their participation. Teams sending athletes for every 20 events will have the opportunity to receive the MVT's trophy (Most Valuable Team).

To enhance the sport of Taekwondo, we will be implementing the latest Electronic Scoring System in the Little Cadet, Cadet, Junior, and Senior categories. This competition promises high-quality organization, transparency, fair play, and impartiality for all athletes, offering a significant platform for global competition.

Enclosed with this letter, you will find the complete schedule. The deadline for submitting entry forms and relevant documents is July 31st, 2024. Please note that no entries will be accepted after this date. We encourage your active participation to contribute to the success of this championship. We look forward to your enthusiastic involvement in making this championship a success.

Best Regards,

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Promoter: Ms. Cassandra Haller
(Chief Executive of Heroes Taekwondo)

Competition Date: August 10th – 12th, 2024

Venue: Assumption University of Thailand
88 Moo 8 Bang Na-Trad Km. 26, Bangsaothong Samuthprakan
Thailand 10570

Contact Info: Email: heroestaekwondo2023@gmail.com
WhatsApp: +66 86 9797638 / +66 64 646 4885 (Mr. Ulys)

Type of Competition: Kyorugi – Individual/Team
Poomsae – Individual/Mixed Pair/Team
Freestyle Poomsae – Individual / Pair
Taekwondo Dance – Under 15 Years / Above 15 Years



Award Presentation:

Kyorugi:

Winner:	Gold Medal with Certificate
2 nd Place:	Silver Medal with Certificate
3 rd Place (2P):	Bronze Medals with Certificates
Best Player (Male/Female – Each Class Level):	

Poomsae

Winner:	Gold Medal with Certificate
2 nd Place:	Silver Medal with Certificate
3 rd Place:	Bronze Medal with Certificate
Best Player (Male/Female):	
Best Mixed Pair:	
Best Team (Male/Female):	
Best Poomsae Freestyle (Male/Female):	

Best Coach (Kyorugi/Poomsae):

Best Taekwondo Dance Team:

Total Score - 1st Place (Kyorugi/Poomsae):

Total Score – 2nd Place (Kyorugi/Poomsae):

Total Score – 3rd Place (Kyorugi/Poomsae):

KYORUGI (Individual)

Youth under 4 years (2020+) – Non-PSS Protector

Class B, Class C:

TYPE	Weight Categories (Male/Female)	
A	Under	15 Kg.
B	Between	18 Kg.
C	Over	18 Kg.

Youth under 5-6 years (2018-2019) – Non-PSS Protector

Class A, Class B, Class C:

TYPE	Weight Categories (Male/Female)	
A	Under	18 Kg.
B	Between	18-20 Kg.
C	Between	20-23 Kg.
D	Between	23-26 Kg.
E	Over	26 Kg.

Youth 7-8 years (2016-2017) – Non-PSS Protector

Class A, Class B, Class C:

TYPE	Weight Categories (Male/Female)	
A	Under	20 Kg.
B	Between	20-23 Kg.
C	Between	23-27 Kg.
D	Between	27-30 Kg.
E	Between	30-34 Kg.
F	Between	34-38 Kg.
G	Over	38 Kg.

Youth 9-10 years (2014 – 2015)

PSS Protector: Class A

Non-PSS Protector: Class B, Class C

TYPE	Weight Categories (Male/Female)	
A	Under	23 Kg.
B	Between	23-25 Kg.
C	Between	25-29 Kg.
D	Between	29-32 Kg.
E	Between	32-36 Kg.
F	Between	36-40 Kg.
G	Over	40 Kg.

Youth 11-12 years (2012-2013)

PSS Protector: Class A

Non-PSS Protector: Class B, Class C

TYPE	Weight Categories (Male/Female)	
A	Under	25 Kg.
B	Between	25-28 Kg.
C	Between	28-31 Kg.
D	Between	31-34 Kg.
E	Between	34-38 Kg.
F	Between	38-42 Kg.
G	Between	42-46 Kg.
H	Over	46 Kg.

Cadet 12-14 years (2010 – 2012)

PSS Protector: Class A

Non-PSS Protector: Class B

TYPE	Weight Categories (Male)		Weight Categories (Female)	
A	Under	33 Kg.	Under	29 Kg.
B	Between	33-37 Kg.	Between	29-33 Kg.
C	Between	37-41 Kg.	Between	33-37 Kg.
D	Between	41-45 Kg.	Between	37-41 Kg.
E	Between	45-49 Kg.	Between	41-44 Kg.
F	Between	49-53 Kg.	Between	44-47 Kg.
G	Between	53-57 Kg.	Between	47-51 Kg.
H	Between	57-61 Kg.	Between	51-55 Kg.
I	Between	61-65 Kg.	Between	55-59 Kg.
J	Over	65 Kg.	Over	59 Kg.

Junior 15-17 years (2007-2009)

PSS Protector: Class A

Non-PSS Protector: Class B

TYPE	Weight Categories (Male)		Weight Categories (Female)	
A	Under	45 Kg.	Under	42 Kg.
B	Between	45-48 Kg.	Between	42-44 Kg.
C	Between	48-51 Kg.	Between	44-46 Kg.
D	Between	51-55 Kg.	Between	46-49 Kg.
E	Between	55-59 Kg.	Between	49-52 Kg.
F	Between	59-63 Kg.	Between	52-55 Kg.
G	Between	63-68 Kg.	Between	55-59 Kg.
H	Between	68-73 Kg.	Between	59-63 Kg.
I	Between	73-78 Kg.	Between	63-68 Kg.
J	Over	78 Kg.	Over	68 Kg.

Senior 18+ years (No later than 2006)

PSS Protector: Class A

Non-PSS Protector: Class B

TYPE	Weight Categories (Male)		Weight Categories (Female)	
A	Under	54 Kg.	Under	46 Kg.
B	Between	54-58 Kg.	Between	46-49 Kg.
C	Between	58-63 Kg.	Between	49-53 Kg.
D	Between	63-68 Kg.	Between	53-57 Kg.
E	Between	68-74 Kg.	Between	57-62 Kg.
F	Between	74-80 Kg.	Between	62-67 Kg.
G	Between	80-87 Kg.	Between	67-73 Kg.
H	Over	87 Kg.	Over	73 Kg.

**Young Master: 30+ years old or
(Who has not completed over 3 years)**

**PSS PROTECTOR: CLASS A / DIVIDED BY
GROUP OF 4 PEOPLE**

TYPE	Weight Categories (Male)		Weight Categories (Female)	
A	Under	60 Kg.	Under	55 Kg.
B	Between	60-70 Kg.	Between	55-63 Kg.
C	Between	70-80 Kg.	Between	63-72 Kg.
B	Over	80 Kg.	Over	73 Kg.

**Grand Master - Senior 40+ years
(Below - 1984)**

**PSS PROTECTOR: CLASS A / DIVIDED BY
GROUP OF 4 PEOPLE**

TYPE	Weight Categories (Male)		Weight Categories (Female)	
A	Under	60 Kg.	Under	55 Kg.
B	Between	60-70 Kg.	Between	55-63 Kg.
C	Between	70-80 Kg.	Between	63-72 Kg.
B	Over	80 Kg.	Over	73 Kg.

KYORUGI (Team)

Team 3People: Non – PSS Protector

Categories	Total Weight (Male Team)	Total Weight (Female Team)
Youth 9-10	120 Kg.	110 Kg.
Youth 11-12	135 Kg.	125 Kg.
Cadet	160 Kg.	150 Kg.
Junior	190 Kg.	170 Kg.
Senior	210 Kg.	180 Kg.

MUST READ! important information and criteria of class rank level.

Kyorugi Classification

Beginner – Class C: **Not allowed** head kicks and techniques of **spinning kicks: Only White & Yellow Belt can be registered** (The group will be divided into 2-3 people/group maximum matches will be 2 rounds fight. All kids will get medals

Intermediate – Class B: Allowed **head kicks and techniques of spinning kicks except spinning head kicks are not allowed (5 points):** Only color belts which are **White, Yellow, Green, and Blue** (The group of athletes will be divided into 3 to 4 people/ group maximum matches will be 2 rounds fight. All kids will get medals

Advance – Class A: Allowed head kicks and all technique kicks: All belt colors are allowed (Color – Poom / Dan Belt): Please note important! The group of each weight category will not be divided athletes must win their match to receive the medals **(Only the Top 4 players will receive medals)**

Please Note 1: All athletes will get medals in Group Divisions of Class C & B.

Please Note 2: Group Division of Class A will not be divided by a group of three or four athletes; athletes who lost before the semi-final round will not receive medals, only a participation certificate. If any team has against the athlete's belt rank according to their previous record the athletes must be disqualified. Therefore, the coach must select the right Class category for the athletes.

1. Kyorugi Contest Timetable:

Division	Ages Group	Class C	Class B	Class A	PSS (KPNP) CLASS A ONLY
Youth	Under 4	3 Rounds x 1 min			NO
	Under 6				NO
	Under 8				NO
	Under 10 Under 12	3 Rounds x 1 min			YES
Cadet	Between 13 – 14	3 Rounds x 1 min			YES
Junior	Between 15 – 17	3 Rounds x 1 ½ min			YES
Senior	Above 18	3 Rounds x 2 min			YES
Grand Master	Above 35	3 Rounds x 1 min			YES

Methods of competition:

- Men's / Women's (Respectively) **Single elimination tournament system** for each weight category

Competition Rules:

- Competitions follow WT COMPETITION RULES, the latest version of September 2023, (KYORUGI)
- All competitors must wear WT official approved equipment or local brands with follow the WT pattern rules
- All competitors should bring their safety equipment (Groin Guard, Forearm Guard, Sensing sock, Gloves, Mouthpiece, etc.)
- Duration of Competition: Follow by the age categories **as mentioned in the Kyorugi Contest**

Timetable. Weigh-In:

- Weigh-in of the competitors shall be completed on the previous day of the pertinent competition.
- During weighing, the male contestant shall wear underpants, and the female contestant shall wear underpants and a brassiere not allowed to be fully nude. However, weigh-in may be conducted in the nude if the contestant is above 18 years old. **Except for Junior and under division, allow 100 grams with wearing clothes**
- Weigh-in shall be made once, however in case of the under or exceeding, one more chance will be given within the weigh-in time (90 minutes)
- **All contestants should bring their ID cards and Passport (in case of safety allow them to bring the national ID card with identify athlete's photo name and date of birth attached to the competition accreditation card from the competition when weighing; otherwise, will be disqualified.**
- The above is subject to change in the Head of Team Meeting
- Matters not specified in the regulation shall be decided after deliberation by the Organizing Committee of Heroes Taekwondo Organization.

Qualifications and regulations for participants

1. Participants can only compete in one weight category for each age range; participants are allowed to compete in the above age categories.
2. The committee and the competition staff can reject some applications of the athletes or teams if the registration forms fail to be completed correctly.
3. All participants must strictly follow the competition rules and regulations to make a fair competition.
* On weighing- and competition day, all athletes must bring a "Personal Passport & Taekwondo promotion certification" to prove to the committee.
4. All athletes shall wear the uniform that is "WT recognized" (Taekwondo White uniform); no brands are required, including truck protector, head protector, groin guard, forearm guard, shin guard, glove protectors, socks protectors, and be equipped with a mouthpiece before entering the field of play. The head protector must be firmly tucked under the left arm when entering the competition. A Head protector equipment shall be put on the head following the referee's instructions before the start of the contest.
5. The groin, forearm, and shin guards shall be worn beneath the Taekwondo uniform. Wearing any item on the head other than the head protector shall not be permitted. In addition, any religious item shall be worn beneath the head protector and inside the uniform and shall not cause harm or obstruct the opposing athlete.
Groin protectors are mandatory for both male and female divisions.
6. Only 1 Coach is allowed to be with the athlete at the time while participating competition.

Kyorugi Regulations

1. Rules used for this competition will be based on the standard of WT (World Taekwondo, of September 2023)
2. Participants must prepare self-equipment. (Mouthguard, Chest guard, Armguards, Leg shin or shin-instep guards, etc.)
3. Elimination Rules are being used.
4. Holding the 3rd Place (2nd Runner Up) by two contestants is ALLOWED "1, 2, 3, 3".
5. Duration of Contest: 1 - 2 minutes, 0.20 sec – 1-minute Break, 2 - 3 Rounds "lead to each age category"
**** The duration of the contest could be re-arranged to suit the situation ****
6. All contestants should attend at least 30 minutes before the competition.
7. If the participant does not show up at the registration, the contestant will be called three times within 3 minutes before the competition starts.

Poomsae Individual

Recognized Poomsae Individual				
Division	Class C	Class B	Class A	
	White, Yellow	Green, Blue, Brown	Red, Poom (Perform 2 Poomsae)	Red, Dan (Perform 2 Poomsae)
Under 6 (2018 – Above)	Taeguek1	Taeguek 3	Taeguek 5 and 7	
Under 9 (2015 – 2017)			Taeguek 6 and 8	
Under 12 (2012 – 2014)			Taeguek 8 and Koryo	
Under 14 (2010 – 2011)				
Under 17 (2007 – 2009)			Taeguek 8 and Koryo	
Under 30 (1994 – 2006)				Koryo and Kumgang
Under 40 (1984 – 1993)				Koryo and Kumgang
Under 50 (1974 – 1983)	Taeguek1	Taeguek 3		Kumgang and Taebek
Under 60 (1964 – 1973)				
Over 60 (Below – 1963)				

Poomsae Pair / Team

The pair and team member can be male - male or female - female or mixed all in sum up in same group division.

Recognized Poomsae Pair, Team				
Division	Class C	Class B	Class A	
	White, Yellow	Green, Blue, Brown	Red, Poom (Perform 2 Poomsae)	Red, Dan (Perform 2 Poomsae)
Under 6 (2018 – Above)	Taeguek1	Taeguek 2	Taeguek 7 & 8	
Under 9 (2015 – 2017)				
Under 12 (2012 – 2014)				
Under 14 (2010 – 2011)	Taeguek 1	Taeguek 3	Taeguek 8 & Koryo	
Under 17 (2007 – 2009)				
Under 30 (1994 – 2006)				
Under 40 (1984 – 1993)				
Over 40 (Below – 1983)				
				Koryo & Kumgang
				Kumgang and Taebak

Poomsae Freestyle

Poomsae Freestyle: Individual	
Cadet	Not over 9 years old (2015 – Above)
	Not over 12 years old (2012 – 2014)
	Not over 14 years old (2010 – 2011)
Junior	Not over 17 years old (2007 – 2009)
Senior	Not over 30 years old (1994 – 2006)
	Over 30 years old (Below – 1993)

Taekwondo Dance

Regulations of Taekwondo Dance

1. Members of a team between 4 – 7 members can be males, females, or mixed gender
 2. There are 2 groups: Under 15 years old and above 15 years old
 3. Use the competition method to meet each other, then sort the highest score, and get the prize at 1, 2, and 3 respectively
 4. Judges by 3 judges and make the average scores
 5. Time limited not exceeding 3 minutes
 6. Participants must dress nicely in a creative way
 7. Instructors must prepare their music on the USB before the competition starts
-

Recognized Poomsae Regulations

1. Judging System: 3 judges Score for the colors belt must win 2 of 3 and the Poom and Dan belt will be 5 judges scoring criteria for Poom & Dan - Distribution: Accuracy 4 points and Presentation 6 points
2. Duration of Contest 1.30 minutes or up to 90 seconds
3. The winner has the highest final score
4. The top 4 Winners are arranged according to the final scores, from the highest score in the final round
5. In the case of the total score is equal, the **presentation score is equal**, the presentation score will be used as the judging score
6. In the case of total score and presentation are equal, there will be another competition to judge with no previous score included
7. Make-up is allowed
8. No tape is allowed unless submitted doctor's prescription
9. No hearing device or camera, including cell phone, at the coach's chair

Recognized Poomsae Score Criteria

The score shall be made following the **rules of the World Taekwondo**.

Methods of scoring for recognized poomsae: Total score is 10.0

Accuracy: Basic score 4.0

- 0.1 points shall be deducted each time a contestant makes a small minor mistake in an individual movement.
- 0.3 points shall be deducted each time a contestant makes a significant mistake in an individual movement.

Presentation: Basic score 6.0

- Divided into Speed and Power (2.0) / Rhythm & Tempo (2.0) / Expression of energy (2.0)

MUST READ! important information and criteria of class rank level.

Poomsae Classification

Beginner – Intermediate Class C & B: The group of athletes will be divided into 3 to 4 people/ group maximum matches will be 2 rounds. [All kids will get medals](#)

Advance – Class A: All belt colors are allowed (Color – Poom / Dan Belt): Please note important! The group of each age category will not be divided athletes must win their match to receive the medals.

The scoring will be judged by Ranking **(Only the Top 4 players will receive actual medals)** **those players who lose before the Semi-Final will receive a Participation Certificate and Participating Medal**

– This is only for Class A

Please Note 1: All athletes will get medals in Group Divisions of Class C & B **#AlmostallColorBelts**

Please Note 2: Group Division of Class A will not be divided by a group of three or four athletes. If any team has against the athlete's belt rank according to their previous record the athletes must be disqualified.

Therefore, the coach must select the right Class category for the athletes.

Please Note 3: Athletes can complete more than one ages group category, younger age can complete in older ages division.

Penalty (Deduction and Disqualifications)

1. The judges give penalties.
2. The penalties are a warning ("Gyong-go"), deduction ("Gam-jeom"), and disqualification ("Sil-gyook").

One deduction penalty is equal to a – 0.1-point deduction.

3. Warning or deduction is given to the following acts by

- Conducting undesirable behavior
- Disturbing the judges or the staff from proceeding during the competition
- If a contestant lacks or exceeds the time; 0.3 points will be deducted for every 10 seconds
- If the number of contestants does not meet the required limit, 3 points will be deducted per person
- Stepping over the boundary line of the competition area, results will be deducted to a 0.3 point
- Not performing the compulsory technical movements will be deducted 0.3 points per movement
- Penalty points shall be deducted from the participant's total score
- Entering the contest in the name of others will be disqualified
- Restarting will deduct -0.6 point from the accuracy score

4. The virtual poomsae will be deducted 0.8 points after the total score versus the actual live event

Freestyle Poomsae

Freestyle Poomsae score criteria

Technical Skills (6.0 points)

- Level of difficulty of kicking techniques (5.0): Jumping side kick / Multiple kicks in a jump / Gradient of spins in a spin kick / Kyorugi style consecutive kicks / Acrobatic kicking technique
- Basic movements & practicability (1.0)

Presentation (4.0 points): The types of kicks in the level of difficulty of foot techniques shall be designated by the WT Poomsae Committee every year.

- 1 Creativity
- 2 Harmony
- 3 Expression of energy
- 4 Music & Choreography

Special Reminder

- **WT Recognized Brands:** Participating contestants aren't necessarily required to wear WT-recognized uniforms or protective equipment brands. The latest version of the WT-recognized manufactures list is available at the website of WT: <http://www.worldtaekwondofederation.net/recognized>. The mouthpiece must be clear or white.
- **Dress Code:** During the match, coaches shall wear either a neat tracksuit or a shirt, long pants, or a sports team jacket to cover correctly and politely. Please note that more information about the dress code shall be provided to the teams during the Head of Team meeting. Athletes must wear according to the picture below. Otherwise, you may cause a deduction (-0.8) or will be disqualified.



- **Indemnities:** The respective participants shall be responsible for ensuring that they validly completed and agreed to the relevant declarations during registration, thus indemnifying the organizers, its officials, and other contestants from any claims of injuries, losses, fatalities or otherwise arising during participation in these championships or any activities thereto.
- **The Weigh-In:** The weigh-in of the athletes takes place before the start of the respective weight category they compete in. Each athlete shall have one (1) attempt to pass the weigh-in. However, one (1) extra attempt is allowed for those athletes who did not qualify the first time. This extra attempt shall be made within the time limit of the official weigh-in schedule.
- **Head of Team meeting & Drawing of lots:** The head of team meeting shall be conducted by the Heroes Taekwondo Committee officially organized. The exact location and time shall be communicated forthwith. The drawing shall be shown on the website, and **the Head of Team meeting will be between 18:00 – 19:00 on 09 August 2024 at Assumption University of Thailand (Suvarnabhumi Campus)**. For any changes, we will be informed as soon as possible.
- **Visa:** A Visa to enter Thailand may be necessary. The Organizing Committee cannot guarantee entry into Thailand and can only help. It is the responsibility of each athlete and team to apply for and secure the correct entry visa.

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- **Accommodation:** **Suggestions of hotels will be announced in the package documents.**
 - **Referees:** Please complete the relevant form on pages and return it to Heroes Taekwondo Committee admin at heroestaekwondo2023@gmail.com by **30 June 2024** for consideration approval.
 - **Information / Updates:** For further updates, please refer to the official THE HEROESTAETKWONDO FACEBOOK <https://www.facebook.com/HeroesTaekwondo> or www.Gmac.group / <https://gmacscore.com/app.gmacscore.com/home/index.php?tourid=301>
 - **Entry Fees / Deadlines:** The entry fees must be paid at the time of registration deadline by Bank Transfer, Western Union, Wise Transfer, or PayPal. Athletes shall not be allowed to complete without verified payment of the entry fee to the Organizing Committee

*****ADDITIONAL INFORMATION*****

Please note that contestants can register for more than 1 Competition event for Kyorugi, Poomsae, Freestyle Poomsae, and Taekwondo. Each club or team can send more than one member in the same category.

The protesting right is with the team manager only. The protesting form **must be sent 15 minutes** after the competition with USD 500 Fees. The team will receive money back if the team proves the proper judgment. The referee's judgment serves as the final decision. If any team/ athlete or team members act against the decision made, the team will be disqualified from the competition or informed to the World Taekwondo.

We DO NOT provide video recording equipment for any scoring issue but allow the team to bring their own as evidence proved. Food and Food preparation is strictly prohibited in the competition area. Therefore, please kindly use the specific dining area we provided. Non-contestant is strictly prohibited from being in the competent court. Audiences must be sitting in the organized team's space for convenience.

For Furthermore information, please do not hesitate to contact us.

Contact Information:

Tel: (+66) 86 979 7638 / (+66) 64 646 4885

Email: heroestaekwondo2023@gmail.com

WhatsApp Link: <https://chat.whatsapp.com/HP8hM6s7G3XArRBA1wMyPj>

Facebook: www.facebook.com/heroestaekwondo Instagram: heroestaekwondo

Registration Link: www.gmac.group /

<https://gmacscore.com/app.gmacscore.com/home/index.php?tourid=301>

Weight-in

Weight-in time for all Kyorugi athletes.

- Athletes competing on Saturday, 10 August 2024

Weight-in: On Friday 09th August 2024 16:00 – 20:00

- Athletes competing on Sunday, 11th August 2024

Weight-in: On Saturday 11th 2024 at, 14:00 – 18:00

- two times for weight-in are acceptable (if not pass, the athletes must be disclaimed)
- All athletes MUST bring a Passport and show it to the committee on the weight-in day.

Class B & C participants should bring the belt test certificate with the above document

Important! Changing the participant (s) weight / or weight category on arrival (after closed registration) shall be subject to a processing fee of \$30, otherwise, the athletes will be disqualified from the weight scale. If the athlete is disqualified will not be able to receive any medals or certificates.

Online Registration

Registration must be completed no later than 31st July 2024

1. GMAC score system

- <https://www.gmacscore.com/>
- <https://gmacscore.com/app.gmacscore.com/home/index.php?tourid=301>

Entry Fee:

Individual Kyorugi	US\$ 50/Person
Team Kyorugi	US\$ 100/Team
Individual Poomsae	US\$ 50/Person
Mixed Pair Poomsae	US\$ 70/Pair
Team Poomsae	US\$ 100/Team
Freestyle Poomsae	US\$ 50/Person
Taekwondo Dance	US\$ 100/Team

Important! Changing the participant (s) weight / or weight category on arrival (after closed registration) shall be subject to a processing **fee of \$30**, otherwise, the athletes will be disqualified from the weight scale. If the athlete is disqualified will not be able to receive any medals or certificates.

Coaches will receive 10% cashback on arrival, Priority to a club representative, the team must register at least 10 entries to receive cashback

For late registration on site or on arrival the day the registration fees will be US\$ 100 per individual event or Thai Baht (1US\$ = 38 THB)

Most Important Notice!

- Entry fee for the foreign athletes must be paid before **01st August 2024**.
- For late registration on site or on arrival the day the registration fees will be US\$ 100 per individual event or Thai Baht (1US\$ = 36 THB)
- The athletes who have already sent the application form cannot cancel. Otherwise, the team's manager must respond to the cost for registration (non-refund)

Payment Details

- Via Bank:

Account Name: CASSANDRA HALLER

Account Number: 160 – 268 – 5919

Bank Name: SIAM COMMERCIAL BANK PUBLIC COMPANY LIMITED

Swift Code: SICOTHBK

Bank Address: 3522 Ladprod Klong Chan, Bangkapi, Bangkok 10240, Thailand

- Via: Western Union

Receiver Name: (CHOOSE ONLY ONE PERSON'S NAME BELOW)

- SASIPA PULPURN
- CASSANDRA HALLER
- PATCHAREE HALLER

- Address: 3/364 The Base Rama9 Ramkhamheang 24 Huamark Bangkapi Bangkok, Thailand 10240 Tel: +66 98 196 4535 / +66 86 979 7638

- Via Paypal: **cassandra.haller91@gmail.com**
- Via Wise Transfer: <https://wise.com/invite/u/cassandrah161> **search via**
cassandra.chz@gmail.com

Note:

- Medals and Certificates are available at the pick-up area after the final round of each category.
- Please DO NOT eat or drink inside the competition venue. (Water for Athletes during the competition is allowed)

TIMETABLE (Subject to change)

The 7th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2024

DATE	TIME	EVENT	PLACE
15 February - 31 July 2024	The system closed on 31 st July 2024	Online Registration	gmacscore.com (International Team)
09 August 2024	18:00 – 19:00	Head of Team Meeting	Assumption University Bldg. John Paul II
	16:00 – 20:00	Weight-in for Kyorugi Athletes (Day 1) Kyorugi Class B & C Only	Weight-in Area Assumption University Bldg. John Paul II
10 August 2024	09:00 – 10:50	Morning Session Day 1	Competition Area Assumption University Bldg. John Paul II (Only Kyorugi Class C & B Division)
	11:00 – 12:30	Opening Ceremony	
	12:30 – 13:30	Lunch Break	
	13:30 – 17:00	Afternoon Session Day 1	
	17:30 – 18:00	Break	
	14:00 – 18:00	Weight-in for Kyorugi Athletes (Day 2) Kyorugi Class A Only	
	18:00 – 21:00	Evening Session Day 1	
	21:00 – 22:00	Awarding Ceremony	
11 August 2024	09:00 – 12:00	Morning Session Day 2	Competition Area Assumption University Bldg. John Paul II (Only Kyorugi Class A Division)
	12:00 – 13:00	Lunch Break	
	13:00 – 17:30	Afternoon Session Day 2	
	17:30 – 18:00	Break	
	18:00 – 20:00	Evening Session Day 2	
	20:00 – 21:00	Awarding Ceremony	
12 August 2024	09:00 – 12:00	Morning Session Day 3	Competition Area Assumption University Bldg. John Paul II Only Poomsae / Poomsae Freestyle / Taekwondo Dance
	12:00 – 13:00	Lunch Break	
	13:00 – 16:30	Afternoon Session Day 3	
	16:30 – 17:00	Break	
	17:00 – 19:00	Evening Session Day 3	
	19:00 – 20:00	Awarding Ceremony	



Venue: **Google Map:** <https://goo.gl/maps/zHuHxJEDMqpUFyu16>

Assumption University of Thailand (Suvarnabhumi Campus) 88 Moo 8 Rd.
Bangna - TradBang Sao Thong, Bang Sao Thong District, Samut Prakan 10540

Find Location

THE HEROES TAEKWONDO
International Championship
10-12 AUGUST 2024

Assumption University of Thailand
(Suvarnabhumi Campus)
Bangkok, Thailand

heroestaekwondo





PARENT'S PERMISSION FORM

The 7th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2024, BANGKOK THAILAND

Date _____

Dear Organizing Committee

Parent name: (Mr. /Mrs. /Ms.) _____

Address:

Contact Number: _____

_____ (name of the participant under 18

Years old) has my permission to attend the competition "The 7th Heroes Taekwondo International Championship 2024 on 10th – 12th August 2024 at Assumption University of Thailand (Suvarnabhumi Campus). Therefore, I am confirmed that my son or my daughter is a sportsmanship-minded person and is willing to follow all the rules and regulations without hesitation.

I hereby understand that the accident that occurs during and/or during the competition is my responsibility. The event's organizers will have no responsibility for any accident during and/or during the competition by my son or daughter.

Signature _____

Kindly Regards,

Parent Name: _____

Please submit to head of team or coach not the organization

(One Document per athlete)

TEAM'S PERMISSION FORM

The 7th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2024, BANGKOK THAILAND

Date _____

Dear Organizing Committee

Head of Team/Head of Coach: (Mr. /Mrs. /Ms.)

Team Name:

Contact Number: _____

I hereby understand that the accident that occurs during and/or after the competition is my responsibility. The event's organizers will have no responsibility for any accident that happens during and/or during the competition by my team athlete.

Signature_____

Kindly Regards,

Please submit this form on arrival at the venue
(One Document per Team)

ATHLETE STATEMENT FORM

Full Name:		
Date of Birth:	Gender:	Male / Female
Weight: _____kg	Height: _____cm	Belt:
Country:	State:	Province:
Club Name:	Phone:	

Team Name: _____ Country: _____

I hereby follow the rules and regulations during the competition and control my attitude and actions. I also will not prosecute the promoters, organizing committee/officials, and participants for any injuries or mishaps that might be caused during the competition in "The 7th HEROES TAEKWONDO INTERNATIONAL CHAMPIONSHIP 2024, Bangkok Thailand, Between 10th – 12th August 2024. I signed this statement with good consciousness and without pressure and force from outside parties and interests.

Date _____

Parent / Guardian's Name	Parent / Guardian's Signature
Master / Coach Name	Master / Coach Signature
Athlete Name	Athlete Signature

Please submit this form on arrival at the venue.

INTERNATIONAL REFEREE

- Please be informed that the IRs are responsible for their roundtrip airfares and expenses for personal expenses. The organization will respond to 10 International Referees who have signed up and provide all the documents and details. The organizer committee will bound the local transportation airport – hotel, hotel – venue.
- The hotel will be in the city center for referees (Sukhumvit – Thonglo area) therefore, if we will provide one extra night for referees who wish to stay a day longer after the competition ends, maximum total of 5 nights stay.
- The Organizing Committee will provide local transportation between the airport and the designated Referee hotel and per diem of USD 50/day for national referees and USD 100/day for WT – -IRs for a competition total of 3 days event.
- For your information, the meeting is scheduled after lunch (17:00 – 18:00 hrs.) on 09 August 2024
- **For Information on Visa:**
- International Referees who wish to receive an invitation letter from the Organizing Committee are requested to send the following information to the organizing committee in full detail: Name, Date of birth, Passport number, and Passport expiration date.
- It is recommended to apply for a visa immediately after receiving the invitation letter from the Organizing Committee. Although most cases are solved within a few days, some patients may take up to 6 weeks.

REFEREE FORM

NAME:		
DATE OF BIRTH:	AGE:	MALE / FEMALE
PASSPORT NUMBER:		
PASSPORT EXPIRATION DATE:		
ADDRESS (HOME COUNTRY):		
INTERNATIONAL REFEREE CLASS:		
REFEREE'S EXPERIENCES (if have):		

- **Referees should fill out the attached form and send it to the organizer. The committee with the approval of the National or International Referee ID**
 - Selected Referees will be notified at least five weeks before the event. (Before 30 June 2024)

Important: Event Schedule

Date	Categories
10 August 2024	<p>Kyorugi All ages: Class B and C Only (Beginners – Intermediate)</p> <p>NON-PSS – NON-ELECTRONIC</p>
11 August 2024	<p>Kyorugi All ages: Class A</p> <p>PSS – KPNP: ELECTRONIC SYSTEM (Advance)</p> <p>Under 6 Years old to Grand Master: Over 35 Years old & Kyorugi Team</p>
12 August 2024	<p>Poomsae all division Freestyle Poomsae Taekwondo Dance</p>

The timetable of the match may be subject to changes according to the number of participants in the competition, and we will soon update it.

We are looking forward to seeing you in Bangkok, Thailand, in August 2024!

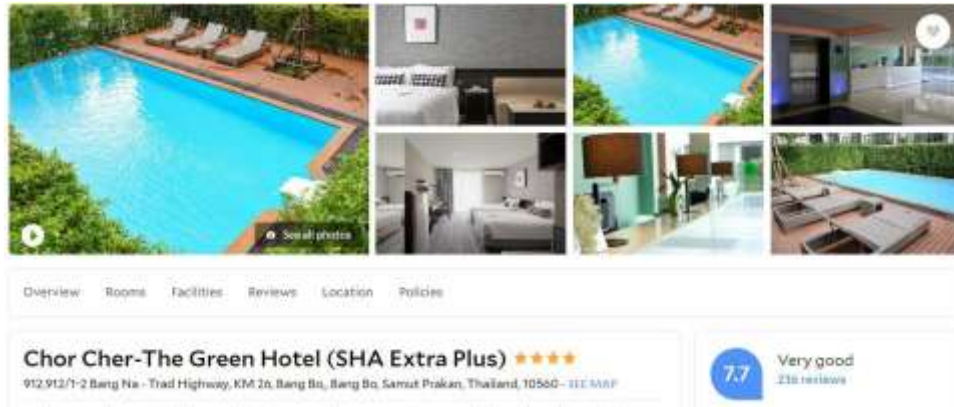


ACCOMMODATION PACKAGE 1

Check-In: 09th – 13th August 2024

Competition Date: 10th – 12th August 2024

Accommodation: Chor Cher-The Green Hotel (SHA Extra Plus)



Address: 912,912/1-2 Bang Na - Trad Highway, KM 26, Bang Bo, Samut Prakan, Thailand, 10560

The car parking and the Wi-Fi are always free, so you can stay in touch and come and go as you, please. Conveniently situated in the Bang Bo part of Samut Prakan, this property puts you close to attractions and exciting dining options. Rated with 3.5 stars, this high-quality property provides guests access to the restaurant, indoor pool, and outdoor pool on-site.

Price/Person: \$185/Person – or 6,500 THB per person

- 5 days – 4 nights
- **Including breakfast (2 people/room)**
- On-site transport & accommodation management team
- Meet & greet service with airport transportation on arrival and departure for team & staff members
- Scheduled shuttle service between hotels and the competition venue on official competition days
- Giftset of competition T-shirt and 7th Heroes Jacket

Payment Policy:

Payments must be made in advance before July 10th, 2024 (First come, first serve)

Reservation registration:

Email to heroestaekwondo2023@gmail.com

Apply Before: June 30th, 2024

****Accommodations rooms, and nights fees can be adjusted according to the duration of stay. ****

ACCOMMODATION PACKAGE 2

Check-In: 09th – 13th August 2024

Competition Date: 10th – 12th August 2024

Accommodation: La Petite Salil Sukhumvit Thonglor 1



Domestic Deal

Genius

7.9 Very good

5,433 reviews

Service 8.2

Cleanliness 8.1

La Petite Salil Sukhumvit Thonglor 1 ★★★★★

Address: 44/14-17, Sukhumvit 53 (Paidee-Madee), Sukhumvit Road, Klongton Nua, Wattana, Sukhumvit, Bangkok, Thailand, 10110

Discover the epitome of luxury at La Petite Salil Sukhumvit Thonglor 1, a 4-star sanctuary strategically nestled in Sukhumvit. Unwind in style with our SHA-certified accommodations, ensuring a safe and enjoyable stay. Located in the heart of the city, our hotel offers swift access to renowned shopping destinations like EmQuartier and EmDistrict, placing you in Bangkok's vibrant shopping scene. Stay seamlessly connected with complimentary Wi-Fi in all rooms and enjoy our on-site restaurant, outdoor pool, and sauna.

Immerse yourself in local culture with Wat Phra Chetuphon just moments away. Additionally, enjoy the convenience of being within walking distance of the metro, making exploration of the city even more accessible. Elevate your Bangkok journey with us at La Petite Salil Sukhumvit Thonglor 1, where convenience and luxury harmonize for an unforgettable experience. Book now to experience the best of Bangkok's shopping, hospitality, and accessibility.

Price/Person: \$220/Person – or 7,800 THB per person

- 5 days – 4 nights **Including Buffet breakfast (2 people/room)**
- On-site transport & accommodation management team
- Meet & greet service with airport transportation on arrival and departure for team & staff members
- Scheduled shuttle service between hotels and the competition venue on official competition days
- Giftset of competition T-shirt and 7th Heroes Jacket

Payment Policy: Payments must be made in advance before July 10th, 2024 (First come, first serve)

Reservation registration: Email to heroestaekwondo2023@gmail.com

Apply Before: June 30th, 2024

****Accommodations rooms, and nights fees can be adjusted according to the duration of stay. ****

International Joint Training Camp Program in Bangkok, Thailand

Package Rate: 13 Days 12 Nights = 16,990 THB or \$480 (USD) Rate is per person **(-20% for followers)**

Hotel (2 persons/room), including breakfast buffet only.

1. Organizer: Heroes Taekwondo Organization
2. Place of the Event: Heroes Taekwondo
Town in Town 21 Phlabphla, Wang Thonglang, Bangkok 10310 <https://maps.app.goo.gl/C2imrhS4v2Q7BUoi6>
3. Contact Person: Cassandra Haller (cassandra.chz@gmail.com)
4. Date: 1st August – 13th August 2024
5. Qualification of participants: Athletes: Cadet, Junior, Senior (Born 2011 – Below)
6. Terms and conditions:
 1. By invitation of the organizing committee
 2. Accommodation, board, and transfer (Airport – Hotel, Hotel – Competition Venue round trip), and 1 trip sightseeing.
 3. One Coach is for free ***If send at least 8 athletes***
 4. Air tickets and visa fees are to be paid by the participants themselves
7. Equipment: All the participants must wear taekwondo uniform (Dobok) and must bring their equipment for the training as well as e-foot KPNP
8. Miscellaneous: During the sightseeing trip there will be an excursion to see sightings
9. Timetable Program 13 Days – 12 Nights
 - 01 Aug: Date of Arrival
 - 02 Aug: Training Session
 - 03 Aug: Sparring Practice on KPNP – Jijin Wuxi
 - 04 Aug: Bangkok Sightseeing:
 - 05 Aug: Training Session
 - 06 Aug: Training Session
 - 07 Aug: Training Session
 - 08 Aug: Training Session
 - 09 Aug: Morning Training - Weigh-in and Team meeting at Venue
 - 10 Aug: Competition: Rookies – Beginners (Class C & B Kyorugi)
 - 11 Aug: Competition: Advance Open Class (Class A & Team Kyorugi)
 - 12 Aug: Competition: Poomsae, Freestyle & Taekwondo Dance
 - 13 Aug: Departure

THE
7TH
HEROES
TAEKWONDO
International Championship

